

# WHISPERS

*Calm • Peaceful • Tranquil*

## **Skin Care**

### ***La Serena Custom Facial / \$135***

Designed for both ladies and gents, our truly pampering signature facial uses specialized luxury skin care products to carefully deliver a custom facial experience, and to pin point the needs of your skin.

### ***Epicuren 101 / \$135***

Offering only the most pure, innovative skin care advances, this facial unites the best of science and nature to stimulate cell metabolism and uplift the skin's vitality, tone, texture and overall health. Excellent for all skin types.

## **Massage Therapy**

### ***La Serena Therapeutic***

*60 Minutes \$135 | 90 Minutes \$185*

A healing combination massage that will incorporate the specific technique best suited for your relaxation needs. Encourages circulation, boosts endorphins, increases oxygen production. Includes hot towel application and aromatherapy.

### ***Whispers Stone***

*75 Minutes \$150*

Profoundly relaxing heat therapy massage that "whispers warmth" gently into the muscles, lulling the body to let go and release toxins that cause tension.

### ***Deep Tissue***

*60 Minutes \$140/ 90 Minute \$185*

Heavy handed. slow strokes are delivered with the intention to lengthen the muscle fibers restoring balance, range of motion and re-establish structural integrity.

### ***Reflexology***

*60 Minutes \$135*

Focusing on the hands and feet, which are connected to all the regions of the body. Firm, restorative pressure is expertly applied, alleviating stress, and soreness in the joints and any discomfort of the ankles or wrist promoting overall relaxation.

### ***Earth Mama***

*60 Minutes \$135*

Mama, you deserve the good life, unwind with a soothing, nurturing respite. Every care will be taken for you, this massage will help reduce stress on weight-bearing joints and any uneasiness associated with your happy condition. (Only available after 1<sup>st</sup> trimester)

### ***Happy Couple***

*60 Minutes \$250/ 90 Minute \$350*

Unleash tight muscles, unload negativity, relax and delight in a comforting massage, TOGETHER. This massage can be performed for lovers, friends, moms, and daughters.

**Couples Massages are available In Room or at Whispers.**

## Body Therapy

### **Seaweed Wrap**

60 Minutes \$135

Rich marine mask with highly active ingredients minimizes the appearance of cellulite, detoxifies, stimulates and smooths skin while imparting much needed minerals to your skin.

### **Body Polish**

45 Minutes \$125

Gently exfoliates to remove impurities and dead cell build up. Skin will be clearly smoother and softer to the touch.

## Whispers Retreats

### **DUO / \$265**

Your choice of two treatments: 60 Minute Massage, Facial or a Body Wrap

### **TRIO / \$395**

60 Minute Massage, Facial & Body Wrap

### **PURIFICATION / \$265**

Aromatherapy Massage & Seaweed Wrap

### **SERENITY / \$249**

La Serena Massage with 30 Minute Reflexology

### **50/50 / \$145**

30 Minute Swedish & 30 Minute Reflexology

30 Minute Swedish & 30 Minute Body Polish

## Add On

Essential Oils / \$15

Glycolic Hand / \$25

Glycolic Feet / \$25

Treat your Feet (30 mins) / \$75

Rejuvenating Eye Treatment / \$35

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**If you need to cancel your pampering, please note the 24 Hour Cancellation Policy. Prices are subject to change. A 20% automatic service charge will be added to each treatment upon check out.**



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[www.laserenavillas.com](http://www.laserenavillas.com)