

WHISPERS

Calm • Peaceful • Tranquil

Skin Care

La Serena Custom Facial / \$135

Designed for both ladies and gents, our truly pampering signature facial uses specialized luxury skin care products to carefully deliver a custom facial experience, and to pin point the needs of your skin.

Epicuren 101 / \$135

Offering only the most pure, innovative skin care advances, this facial unites the best of science and nature to stimulate cell metabolism and uplift the skin's vitality, tone, texture and overall health. Excellent for all skin types.

Massage Therapy

La Serena Therapeutic

60 Minutes \$135 | 90 Minutes \$185

A healing combination massage that will incorporate the specific technique best suited for your relaxation needs. Encourages circulation, boosts endorphins, increases oxygen production. Includes hot towel application and aromatherapy.

Whispers Stone

75 Minutes \$150

Profoundly relaxing heat therapy massage that "whispers warmth" gently into the muscles, lulling the body to let go and release toxins that cause tension.

Deep Tissue

60 Minutes \$140/ 90 Minute \$185

Heavy handed. slow strokes are delivered with the intention to lengthen the muscle fibers restoring balance, range of motion and re-establish structural integrity.

Reflexology

60 Minutes \$135

Focusing on the hands and feet, which are connected to all the regions of the body. Firm, restorative pressure is expertly applied, alleviating stress, and soreness in the joints and any discomfort of the ankles or wrist promoting overall relaxation.

Earth Mama

60 Minutes \$135

Mama, you deserve the good life, unwind with a soothing, nurturing respite. Every care will be taken for you, this massage will reduce stress on weight-bearing joints and help reduce swelling and any uneasiness associated with your happy condition. Massage during your pregnancy is recognized to result in an easier delivery.

Happy Couple

60 Minutes \$250/ 90 Minute \$350

Unleash tight muscles, unload negativity, relax and delight in a comforting massage, TOGETHER. This massage can be performed for lovers, friends, moms, and daughters.

Couples Massages are available In Room or at Whispers.

Body Therapy

Seaweed Wrap

60 Minutes \$135

Rich marine mask with highly active ingredients minimizes the appearance of cellulite, detoxifies, stimulates and smooths skin while imparting much needed minerals to your skin.

Body Polish

45 Minutes \$125

Gently exfoliates to remove impurities and dead cell build up. Skin will be clearly smoother and softer to the touch.

Whispers Retreats

DUO / \$265

Your choice of two treatments: 60 Minute Massage, Facial or a Body Wrap

TRIO / \$395

60 Minute Massage, Facial & Body Wrap

PURIFICATION / \$265

Aromatherapy Massage & Seaweed Wrap

SERENITY / \$249

La Serena Massage with 30 Minute Reflexology

50/50 / \$145

30 Minute Swedish & 30 Minute Reflexology

30 Minute Swedish & 30 Minute Body Polish

Add On

Essential Oils / \$15

Glycolic Hand / \$25

Glycolic Feet / \$25

Treat your Feet (30 mins) / \$75

Rejuvenating Eye Treatment / \$35

If you need to cancel your pampering, please note the 24 Hour Cancellation Policy. Prices are subject to change. A 20% automatic service charge will be added to each treatment upon check out.



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