

Whispers



LA SERENA VILLAS

WHISPERS

A place of tranquil serenity to unwind and let go of the pressures from everyday life!

La Serena Villas

Calm Peaceful Tranquil

From a Late Latin name which was derived from Latin serenus meaning "calm, clear, tranquil, serene"

Spa Etiquette

Please arrive freshly showered 10 minutes prior to your scheduled appointment. Out of respect for all of our guests we ask that you keep your voice to a **whisper** and please silence your cell phone.

Facials

60 Minutes \$135

La Serena Signature Facial

Designed for both men and women this custom facial provides a deep pore cleansing and toning to restore fitness and vitality to your complexion. Cleanse, exfoliate, extractions (when needed) massage, mask and moisturize.

Clarifying

This effective skincare program helps control both oily and problematic skin conditions.

Collagen Quench

Revitalize and rejuvenate your skin with this fabulously hydrating facial. You will receive both our rejuvenating eye mask as well as our marine collagen.

Epicuren Signature Facial

Stimulates cell metabolism, lifts, tightens, and firms.

Luminous "C" & Sea

A perfect blend of Vitamin "C" and Freeze-Dried Seaweed, this facial is ideal for reducing fine lines and strengthening elasticity.

Refreshing Hydration

This refreshing lift-off mask combines the hydrating benefits of Seaweed with revitalizing Propolis, a natural healing and desensitizing substance. Soothing, nourishing and calming. Perfect for Rosacea & Sensitive skin types.

Massage

60 Min \$125 / 90 Min \$185

La Serena Signature Massage

This therapeutic combination massage incorporates several massage modalities and is customized to your specific needs.

Swedish

Soothing, long strokes that promote balance and harmony while increasing circulation.

Pre-Natal (60 MIN)

Comfort and relaxation are the goal for mother to be and baby.

Deep Tissue

Slow deep strokes to lengthen the muscle fibers, restores balance, re-establishing structural and functional integrity.

Sports

Compression, cross fiber and stretching are all techniques incorporated into this invigorating massage.

Reflexology

Hand and foot massage to promote wellness.

Whispers of Warmth Stone Massage

This hot stone massage is a deeply relaxing massage using heat therapy to bring about homeostasis!

Couples room available upon request

Body Treatments

60 Minutes \$135

Marine Seaweed Body Wrap

This wrap is beneficial in minimizing cellulite; it is highly detoxifying and stimulating. Our seaweed mask is rich in active ingredients that leave the skin both smooth and hydrated.

45 Minutes \$125

Exfoliating Body Polish

Gently removes skin's impurities and dead-cell build up, leaving the skin smooth and soft with a healthy glow.

Add On

Essential Oils	\$15
Rejuvenating Eye Treatment	\$35
Glycolic Hands	\$25
Glycolic Feet	\$25
Treat your Feet (30 minutes)	\$75
Exfoliation, deep heat with glycolic moisturizer and Reflexology!	

Spa Packages

Delightful Duo \$265

Your choice of two treatments
60 min Massage, Facial or Body Wrap

Terrific Trio \$395

Body Wrap, 60 minute Massage and Facial

Relaxing Purification \$265

Aromatherapy Massage & Seaweed Body Wrap

90 minutes of Superlative Serenity \$249

60 min massage, accompanied by 30 min Reflexology

Half & Half \$145

30 minute Swedish & 30 minute Reflexology
30 minute Swedish & 30 minute Body Polish

24 Hour cancellation policy
Hours of operation and prices subject to change.
Services scheduled by appointment only.
For reservations please call,

1.844.932.8044

18% Gratuity will be added to all Spa Services.

W H I S P E R S



LA SERENA VILLAS



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